



BENJAMIN CHURCH MANOR

Independent Living

January 2026

CONTACT US:

**Bristol Housing
Authority**

1014 Hope Street
Bristol, RI 02809
(401) 253-4464

Direct Extensions

Angie ext. 14
Jim ext. 13
Moe ext. 12
Orlanda ext. 11
Marilyn ext. 10

Hours of Operation

Mon —Thurs:
8 am to 3:30 pm

Fri: 8 am to 1 pm

Board of Commissioners

Edward J. Correia, Chair

Pat D'Alessio, Vice Chair

Donna St. Angelo

Tina Barboza

Michael Mello

**M. Angie Medeiros
Executive Director**

2026

*Best wishes for a Happy and Healthy New year to all
Bristol Housing Authority Residents*



And PEACE to all around the World



News From the Executive Director

Dear Residents,

May the coming year bring new opportunities to grow, innovate, and make a greater impact. I am confident that with your ongoing commitment and collaboration, we will reach even greater heights. On behalf of the entire BHA team, I wish you and your loved ones a wonderful, healthy, and prosperous New Year. Let's continue to inspire and support one another as we embark on this exciting new chapter.

With warmest regards,

M. Angie Medeiros



Moe's Corner

Moe's Office Hours
Monday through Thurs
7:30 am – 4:00 pm
(401) 253-4464 ext. 12



For mail and packages that are being delivered, please be sure to **include your apartment number** to ensure that they will arrive at your apartment instead of at the office.

If you are planning to get away for a couple of days, or longer, please let us know. During the winter months if you are away, please notify the office of the dates you are leaving and returning. Also, please park your car off property in case it snows so we can plow the parking lots.

Thank You!



THE COLD WEATHER HAS ARRIVED

Please make sure windows are closed and **locked** at all times. Please do not open the windows in the hallways. Bring in all outside furniture to protect them from the weather conditions.



"May your mornings bring joy and your evenings bring peace.
May your troubles grow few as your blessings increase.
May the saddest day of your future be no worse than the happiest day of your past.
May your hands be forever clasped in friendship and your hearts joined forever in love.
Your lives are very special, and God has touched you in many ways.
May his blessings rest upon you and fill all your coming days."



THE IRISH ROAD TRIP



Resident Association Bulletin

Please Remember

All residents who live at Benjamin Church Manor can join the Resident Association between June 1st and August 31st.

New residents to Benjamin Church Manor are welcome to join the Resident Association by stopping by any of our monthly meetings.

OFFICERS

*President – Sue Lemois
(401) 864-6510*

*Interim Vice President – Donna Dantone
(401) 316-6971*

*Treasurer and Interim Secretary – Donna Falcoa
(401) 339-7410*

*Membership Secretary – Sharon Araujo
(401) 451-3646*

BOARD OF DIRECTORS

*Gwen Dube
(401) 253-4771*

*Robert Morin
Morinrobert13@yahoo.com*

Rebecca Morin – Interim

Residents' Association Meeting

Our January Residents' Association meeting will be held on Tuesday, Jan 13th at 2:15 p.m.

Bingos and 50/50 Raffles

Fridays, January 9th and 23rd, 2026 at 6:00 p.m.

Fridays, February 13th and 27th, 2026 at 6:00 p.m.

The Bingo on February 13th will be a special **Valentine's Day Bingo** with raffles, surprises, and big buck payouts. Please try and arrive by no later than 5:50 p.m. so we can start right at 6:00 p.m.


Election of Vacant Officer Positions

To run for elected office, members must have paid their dues in full and have maintained good standing for at least three months. The Election Nominating Committee will present its recommended slate of officers for the vacant positions at the January 13, 2026 meeting, and the floor may nominate additional candidates at the same meeting for election at that meeting. The Secretary will record the slate of candidates and the nominations from the floor and will coordinate the nominations. The Secretary will post the names of candidates nominated by the Election Nominating Committee and the floor, to the Bulletin Boards in the foyer of each building at least two (2) weeks prior to February 10, 2026, at which time these officers will be elected. Election of officers for these vacant positions will be accomplished by ballot. These officer's terms will begin immediately upon election and will serve until the general election of officers to be held in May of 2027.

Lentil Tomato Soup

Submitted by Naturalbohemian

"A delicious lentil soup that has an Italian flavor. Very simple to make, and a delicious meal with just some good quality French bread or some good rolls or biscuits. Quite good if you are a fan of lentil soup!"

 Ready In: 1hr 25mins

 Serves: 4

 Ingredients: 13

DIRECTIONS

1. Sort and rinse lentils.
2. In a large saucepan, combine rinsed lentils and water.
3. In a small frying pan, or skillet, saute onion and garlic in the butter until onion is tender but not browned.
4. Add onion and garlic to lentils.
5. Stir in salt, pepper, sugar, Oregano, basil and parsley.
6. Bring to a boil; reduce heat.
7. Cover and simmer until the lentils are tender, about 45 minutes.
8. Add tomatoes and tomato paste.
9. Stir well.
10. Simmer 15 minutes longer.
11. Garnish each bowl with a parsley sprig, if desired.

INGREDIENTS

- 1 ½ cups **dried lentils**
- 5 cups **water**
- ½ cup **onion**, chopped
- 1 **garlic clove**, minced
- 1 tablespoon **butter**
- 2 teaspoons **salt**
- ⅛ teaspoon **pepper**
- 2 teaspoons **sugar**
- ¼ teaspoon **dried oregano leaves**
- ¼ teaspoon **dried leaf basil**
- 1 tablespoon **fresh parsley**, chopped
- (16 ounce) can **tomatoes**, undrained, diced
- 3 tablespoons **tomato paste**

JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				Office Closed	Office Closed	
4	5	6	7	8	9	10
		Chair Yoga with Trish 4:30 pm	Line dancing w/ Sue 1:00 pm	Chair Yoga with Kate 10 am	RA Bingo & Raffle 6 pm	
11	12	13	14	15	16	17
		Ra Meeting 2:15 pm Chair Yoga with Trish 4:30 pm	Line dancing w/ Sue 1:00 pm	Chair Yoga with Kate 10 am FIRE ALARM TESTING		
18	19	20	21	22	23	24
		Chair Yoga with Trish 4:30 pm	Line dancing w/ Sue 1:00 pm	Chair Yoga with Kate 10 am Board Meeting 10 am	RA Bingo & Raffle 6 pm	
25	26	27	28	29	30	31
		Chair Yoga with Trish 4:30 pm	Line dancing w/ Sue 1:00 pm	Chair Yoga with Kate 10 am		