

November 2023

**Benjamin Church
Manor**

**1014 Hope Street
Bristol, RI 02809
(401) 253-4464**

Mon - Thurs

8 am to 3:30 pm

Fridays 8 am to 1 pm

Direct Extensions

Candy ext. 14

Jim ext. 13

Moe ext. 12

Orlanda ext. 11

Marilyn ext. 10

**Board of
Commissioners**

**John Faria,
Chairman**

**Vacancy
Vice-Chairman**

**Tina Barboza,
Commissioner**

**Edward J. Correia,
Commissioner**

**Pasquale D'Alessio,
Commissioner**

**Independent Living
Bristolhousingri.org**



We Thank Thee

**For flowers that bloom
about our feet;**

**For tender grass, so
fresh, so sweet;**

**For song of bird, and
hum of bee;**

**For all things fair we
hear or see,
Father in heaven, we
thank Thee.**

**For blue of stream and
blue of sky;**

**For pleasant shade of
branches high;**

**For fragrant air and
cooling breeze;**

**For beauty of the
blooming trees,
Father in heaven, we
*thank thee.***

**~~Ralph Waldo Emerson
1803-1882**

Important Dates

- * Nov 10th OFFICE CLOSED for Veteran's Day.
- * Nov 23rd & 24th OFFICE CLOSED for Thanksgiving.
- * Nov 1, 8, 15, 22 & 29 ...
Gentle Strength 9:30-10:30 am
Community Room
- * Nov 1, 8, 15, 22, & 29 ...
Open Art Studio 3-5 pm
Community Room

Resident Association Events

- * November 7th @1:00 p.m.
Officers/ Board Meeting
in Community Room
- * November 14th @ 6:00 p.m.
Resident Meeting and
50/50 Raffle and Coffee Talk
with Donna @ Senior Center
- * November 17th @ 6:00 p.m.
BINGO and 50/50 Raffle
in Community Room



*From The
Desk of the Executive Director*

Tuesday, November 7th is Election Day! Remember your vote counts! This year your polling place is at the Rec Center at Colt Park. Want to vote early? Go to Reynolds School by November 6th. Call Town Hall for absentee ballot 253-7000.



Veteran's Day, a special day to honor all the people that have served in the armed services, now and in the past. These people served their country and sometimes put themselves in harm's way to protect the freedoms we have as Americans. Some of these men and women never came home! Thank you to all that have served! Veteran's day is Friday, November 10th.



Just a reminder: If you are going away or have overnight company, please call the office. In case of an emergency, we need to know who is on the property and who is not!

Thanksgiving, Thursday, November 23rd, will be here soon and as always, it is a time to gather with family and friends, eat good food and remember what we should be thankful for. Thankful for friends, family, a wonderful place to live surrounded by great neighbors. There are so many people here at Benjamin Church Manor who are kind and caring. Our little community is one of a kind!

Happy Thanksgiving from the Staff and Commissioners!



Candy



Moe's Corner

By Appointment Only

Moe's Office Hours
Monday through Friday
8:00 am – 4:30 pm
(401) 253-4464 ext. 12

FYI: The demand for affordable housing in Bristol has doubled since last year. With the demand, comes the increased number of phone calls, emails and walk-ins asking to see me for a “quick question”. All those unscheduled quick questions add up to a day not accomplishing the priorities that are scheduled.

With that in mind, I must insist that if you need to see me in person, please **call to make an appointment**. If you call me and reach my voice mail, please leave a **detailed message** so I can research the answer and call you back with the information.

Important Resources:

1. **East Bay CAP at 401-437-1000**. They offer a wide range of services including:
 - a. Social Service Case Management
 - b. Home Health Services
 - c. Adult Day Services
 - d. Meals on Wheels
 - e. Senior Companion Services
 - f. Personal Emergency Alert Services
 - g. CNA Services – Gerald LePage, Community Health Worker
 - Email: glepage@ebcap.org
 - Phone number: **401-450-6962**
2. **Rhode Island Durable Power of Attorney Forms**
 - a. [DurablePowerOfAttorneyForHealthcare.pdf \(ri.gov\)](#)
3. **Office of Healthy Aging at 401-462-3000**. They are an excellent resource to explore services that your loved one may need at this time in their life.

This Month's Recipe

Easy Apple Pie

This easy apple pie is a quintessential fall recipe that you can make with pre-made pie dough and basic ingredients- perfect for Thanksgiving.

Prep Time 10 minutes

Cook Time 50 minutes

Resting Time 1 hour

Total Time 2 hours



Ingredients

- 2 pastry dough pre-made (9-inches)
- 3 tablespoons [all-purpose flour](#)
- ¼ cup [granulated sugar](#)
- ¼ teaspoon nutmeg
- ¼ teaspoon [cinnamon](#)
- 6 apples seeded, sliced (sweet and tart varieties)
- 1 teaspoon lemon juice
- 1 large egg whisked

Instructions

1. Preheat oven to 375°F with a baking tray.
2. In a large bowl, combine the sugar, lemon juice, and the apples, let stand for 15 minutes. In a second bowl combine flour, nutmeg, and cinnamon.
3. Line a 9-inch pie plate with one of the pie dough, allowing it to droop over the edges slightly. Drain the sliced apples in a colander, add flour and spice mixture, toss to combine place the apple mixture into the bottom crust evenly.
4. Place the second pie dough over the apple mixture and gently press to ensure it is sitting well on top of the apples. Use a knife to cut a hole the size of a quarter in the center of the pie dough to allow the steam to escape. Trim and crimp the edges. Brush the top of the pie with the whisked egg.



For this year's election, the residents of Benjamin Church Manor voting place is the Quinta-Gamelin Community Center at Colt State Park 101 Asylum Rd.

EARLY VOTING may be done at Reynolds School located at 235 High Street now through November 6th Monday-Friday between 8 - 4 pm

Flu shots are also available at the Rec Center on Thursday, November 2nd from 9:30-11:30 a.m.



No charge and No appointment necessary!



**HONORING
OUR VETS**

A FREE DAY OF DENTISTRY FOR VETERANS

SATURDAY NOV 11, 2023 | 9AM-2PM



Warren Dental Associates

634 Main Street,
Warren, RI 02885
(401) 245-5825

CALL TO SCHEDULE!

SERVICES OFFERED: CLEANINGS, X-RAYS, COMPREHENSIVE EXAMINATIONS,
AND OTHER SAME-DAY SERVICES



Visit Our Website at www.bristolhousingri.org

Please Remember:

All residents who live at Benjamin Church Manor can join the Resident Association at any time. Stop by one of our meetings or call one of the officers listed below.

OFFICERS

President - Liz Patton,

401-516-6265

Vice Pres - Jody Archambault,

401-516-4528

Secretary - Michele Ferguson,

401-595-9171

Treasurer - Sue Lemois,

401-864-6510

BOARD of DIRECTORS

Sec - Sharon Araujo

401- 451-3646

Nancy Allard,

401-297-0440

Donna Dantone,

401- 316-6971

Gwen Dube,

401-253-4771

Message From

Benjamin Church Resident Association

At our September meeting it was brought up that the officers/board had asked for the removal of 3 committees, finance committee, bingo committee, and the by-law committee. All members voted to remove said committees. At our October 10th meeting it was brought up again by the chairperson of all three committees (Paula Ferreira) who at this Oct. 10th meeting resigned as chairperson of all 3 committees, her resignation was accepted by all members present and the officers, although the said committees never began nor took place. Paula also stated that a second vote be taken to remove these committees, a second vote was taken, and members voted 18 to 0 in favor of the removal of all three committees. It was asked by 3 members that it be documented that they did not want to participate in the vote on this matter. This issue is now closed.

The Friday night Bingo held on October 20th was a great event. We had a wonderful time and lots of winners! Congratulations to Maureen Murray, Nancy Ciummo, Beverly Watterson, Archie Fortin, Lillian Serpa, Phoebe Borges, Sue Lemois, Liz Medeiros, and our big 50/50 winner Maria Silva. Thank you to Nancy Ciummo for making mini cups cakes for this event!

Reminder, we meet on Sunday's for "Football Sunday" to watch our favorite teams. The community room is open at 1:00 or 4:00 depending on if people want to watch the 4:00 game. Please bring a snack to share and join in on the fun.

Important: Our November 14th meeting will be at 6:00 pm, Coffee talk with Donna from the Senior Center. Please come and share some ideas for day trips you would like to see in the upcoming months. Also make a list of what songs you would like to hear at our Christmas Party on December 7th. I am hoping that all Resident Association members will try their best to attend this meeting.

This is a month of Thanksgiving and being thankful. I am so thankful for waking up each day, for my wonderful husband and family, for the roof over my head and the food on my table, for my old friends and new friends I have made here at BCM. I hope you all are thankful for the same! I am also very thankful for the officers and board of directors that I work with every day to make this association successful. I wish you all a very Happy Thanksgiving!



Fall Word Search

- FALL
- AUTUMN
- LEAVES
- HARVEST
- PUMPKIN
- HALLOWEEN
- THANKSGIVING
- FOOTBALL
- SWEATER
- APPLE CIDER
- SCHOOL
- ACORN
- ORANGE
- YELLOW
- BROWN

S P O R B S Y L E A V E S U A
 N T A R D R H G H T E R W O P
 U H T P C I O E A S M P E N P
 L A L H E H G W A C O V R P L
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 E O S E M N E E W O L L A H L
 Y A C K P S C H O O L A P O P

ONESTOPWORDSEARCH



PLEASE LIMIT YOUR LOADS TO TWO MACHINES AT A TIME, THIS WILL HELP ENSURE THAT YOUR NEIGHBOR HAS A MACHINE TO USE.

THANK YOU FOR YOUR COOPERATION,
MANAGEMENT



November 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
				Free Flu shots 9:30-11:30 @ Rec Center		
5	6	7 Election Day  RA Board meeting @1pm	8	9 BCM Board Meeting at 10:00 a.m.	10 OFFICE CLOSED FOR VETERANS DAY	11
12 FOOTBALL 1:00 PM CLOCKS FALL BACK 1 HOUR	13	14 Coffee Talk & 50/50 raffle with Donna at Senior Center 6:00 p.m.	15	16	17 RA Bingo & 50/50 raffle @ 6:00 pm	18
19 FOOTBALL 9:30 a.m.	20	21	22	23 OFFICE CLOSED	24 OFFICE CLOSED	25
26 FOOTBALL 1:00 PM	27	28	29	30		