



Benjamin Church Manor

Independent Living

Bristolhousingri.org

Volume 25 Issue 9

September 2022

1014 Hope Street
Bristol, RI 02809
401-253-4464

Direct Extensions

Candy ext. 14
Jim ext. 13
Moe ext. 12
Orlanda ext. 11
Linda ext. 10

Hours of Operation

Mon —Thurs:
8 am to 3:30 pm
Fri: 8 am to 1 pm

Board of Commissioners

John Faria,
Chairman

Raymond Cordeiro
Vice-Chairman

Tina Barboza

Edward J. Correia

Pasquale D'Alessio

Candace Pansa
Executive Director



Important Dates

September 5th—Monday

- Labor Day
- Office Closed

September 13th—Tuesday

- BCM Resident Association Meeting
- Community Room
- 1:30 PM

September 14th—Wednesday

- Senior Picnic at Bristol Town Beach Pavilion
- 11 AM to 1 PM

September 15th—Thursday

- BHA Board Meeting
- Community Room
- 10 AM

September 22th—Thursday

- First Day of Autumn

From the Desk of the Executive Director

Fall is such a wonderful time of year: the days are warm, the evenings are cool, and the leaves are beginning to turn color. Fall also means hurricanes! Be prepared for these storms. We sent a flyer out last month with tips on preparing for storms. Have your medications ready; have a flashlight ready in case of a power outage (we do not have generators in the buildings). If it is going to be a widespread storm it might be a good idea to stay with a relative.

We will send out a phone message if a storm is coming our way!



If you are planning to be away or are having company, please call the office so we can register you on our away/company list. In case of an emergency, it is important that we know who is in the building!

The SENIOR PICNIC is on September 14, 11:00 AM at the town beach. Stop by the Senior Center and get your ticket; the cost is \$1. Every year this event is sold out so get your ticket early! If you need transportation to the event, call the Senior Center at 253-8458!

JUST A REMINDER: The Senior Center provides transportation to the grocery store every Tuesday at 9:00 AM. Call the Senior Center to reserve your spot! Check out the enclosed Senior Center newsletter for information on up-and-coming events. Thank You, Maria and Donna for all you do for the senior community.

Check out the designated smoking area map located on every bulletin board.

We ask that you only smoke in any one of those designated areas.

Happy Fall to all of you!

Candy



MOE'S CORNER

For Your Information
My office hours are
Monday through Thursday
8:30 a.m. — 4:30 p.m.
Work from home on Fridays.

You can leave me a message at
(401) 253-4464 Ext 12

Please be specific with your questions, issues, or complaints so I can research the answer and I will return your call.

My email address is mhorton@bristolhousingri.org



Reminder

Please be kind and bring your own grilling utensils and scrape the grill clean after each use.



FYI

If you need help filling out your annual paperwork, please call me at extension 12 to schedule an appointment.



Help Corner

MEALS ON WHEELS



The Meals on Wheels program is available for lunch delivery to you. For information, please contact the Senior Center at

401-253-8458



SLOW DRAINS?

PLEASE REPORT IT!

If your bathroom sink, kitchen sink, or shower drain is running slowly, please call the office to have it cleared before the drain is completely clogged!



Grocery Shopping Transportation

The Senior Center offers transportation to the grocery store for the residents of Benjamin Church Manor on **Thursdays**.

For reservations
Call the Senior Center
401-253-8458



If you are calling in a work order,

Dial extension 10

So that your work order will be handled quickly.

If you call another extension, and the person is out, the message will not get to us and your work order will not be reported.

For immediate assistance with anything,

Dial Extension 10.



The work order request must be made with the office.

Please do not ask a maintenance worker directly when you see them on the property.

The maintenance staff will not directly address or schedule any work order request.

Benjamin Church Resident Association

EXTRA! EXTRA! READ ALL ABOUT IT!!!!!!



- Happy Birthday to all our September babies!
- Congratulations to Liz Medeiros for winning our 50/50 raffle at our August meeting.
- The Ice Cream Social was a huge success and Bingo was so much fun! Everyone seemed to enjoy the day.
- Congratulations to the Bingo winners:
Nancy Horne, Lydia Bredemeier, Josephine Alves, Rita Castigliero, and Connie Lizotte

IMPORTANT:

Our Association is in need of a Secretary and two members for the Board of Directors. These positions are vital to keep our association active.

We need your help!

**If you are interested,
please contact Liz or Jody at the phone numbers listed below.**

Reminder: Our next Resident Association meeting is

Date: Tuesday, September 13th

Time: 1:30 PM

Place: In the community room.

President—Liz Patton

401-516-6265

Vice President—Jody Archambault

401-649-3081

Membership Secretary—Madge Chianese

401-253-2129

Treasurer—Paula Ferreira

401-290-7069

FOOD BANK DONATIONS NEEDED!



The basket for donations is in the community room if you would like to make a donation.

Just come to the community room door with your donations.

*Thank you for your donations to
the local food bank.*

ANNUAL SENIOR PICNIC

Bristol Parks & Recreation
Bristol Town Beach Pavilion
Wednesday, September 14

11 AM—1 PM

Reserve Your Spot!
Tickets are \$1



- ◆ Tickets available at the Senior Center office
- ◆ Food catered by Common Pub & Grille
- ◆ Music by Doug Botelho

For more info, call (401) 253-1611

TRASH PICKUP MONDAYS AND FRIDAYS



GUIDELINES:

1. We will take anything away that is near the trash bins as long as it is not listed as an item we will not take, such as air conditioners, furniture, mattresses, etc.
2. Please put items out the morning of scheduled trash pickup, Mondays and Fridays.
3. Do not put anything out before the day of trash pick up.
4. Please do not put out items that are listed above as we will no longer take!
 - Tags for those items are available for purchase at the Bristol Public Works Dept., 111 Hope Street
 - Phone (401) 253-4100.

FYI

The new tenant charges effective September 1, 2022, are posted in every building.



Just A Reminder

For Any After Hours Emergency

Call

(401) 253-6522



**Senior Health Insurance Assistance
Program Offers
Counseling
Appointments**

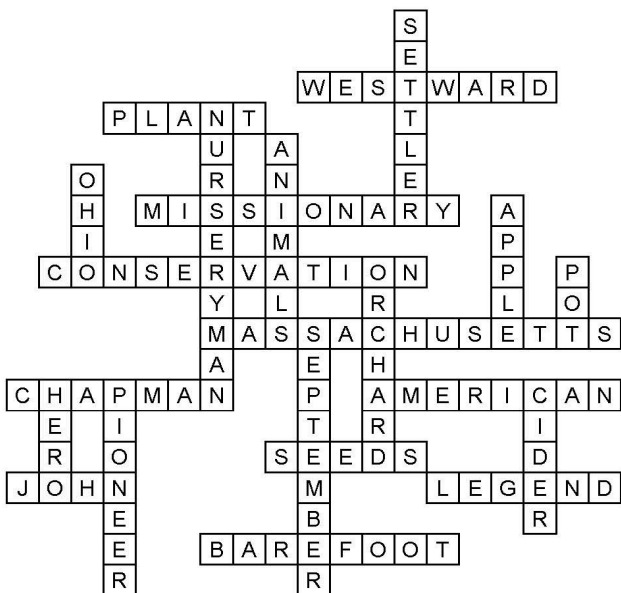
**Benjamin Church Senior Center
Wednesday, September 21
9 AM to 1 PM**



Counselors will provide assistance with health insurance options, Medicare issues, prescription and Medicaid assistance.

**Call the Senior Center
to make an appointment:
(401) 253-8458**

Crossword Answers



HUD INSPECTIONS BEGINNING

Inspections are scheduled to begin here in November. October and November newsletter will have more details.



You will be given two-weeks notice before an inspection.

In the meantime, we want to fix issues now.



If you have any maintenance issues, such as a nonworking light outside or inside the unit, a leaky faucet, slow drain, or any other problem—



Please

Call the office at Extension 10 to let us know.

We rely on you to report it to us.

If problems are addressed before the initial inspections take place, you will not be inconvenienced by having a second inspection of your apartment, and our maintenance and office staff will save valuable time also!

Important:

Keep in mind that nothing is to be stored in the hallways.

Community Garden Updates

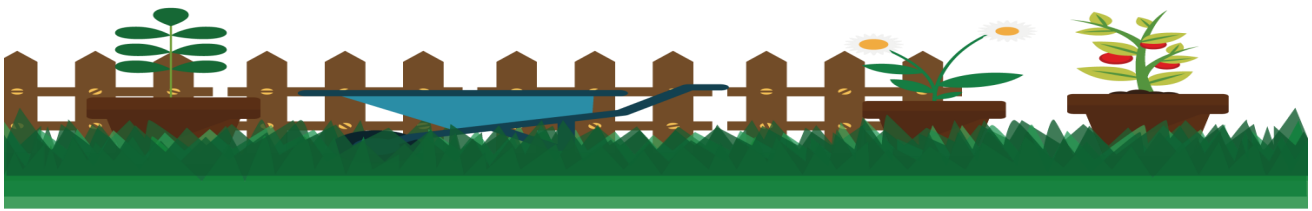
After you have finished harvesting from your garden, please clean your plot of any weeds and dead plants.

Please sign up if you are interested in gardening next season. We will expand the garden area based on the number of Residents that request a plot.

We are also having raised beds built which are typically on four-foot stands. The raised beds will allow people to stand while planting in their garden plot.

Again, let me know if you prefer a raised bed or if you prefer a traditional ground level plot.

Call today!



Happy Farmers are Happy Residents

Please Recycle

Use the Recyclables Bin at Your Regular Trash Bin Location

Please do not put anything in the recycle bin near Building GA garage!

We pay to have recyclable material taken away.

Please continue to put your recyclables in your trash bin marked recyclables.

Thank You for your cooperation!

Senior Center Sponsored Trips Coming Up

This Fall:

September:

Wright's Farm Restaurant

October:

Foxwoods Resort and Casino

Check out the Senior Center newsletter and call the Senior Center to sign up!



Package Deliveries

For mail and packages that are being delivered, please be sure to



include your apartment number

to ensure that they will arrive at your apartment instead of at the office.

Thank you!



LEASH YOUR DOG

Please be sure your dog is on a leash when you are outside.

It has been reported that some dogs are on a leash, but they can still get at other dogs or people even though they are on leash.

Please be sure you have your dog
always leashed
and under your control!

Enjoy letting the fresh air in through the hallway and apartment windows during the warm weather,



but please remember to close and lock them later on.

To Reduce Damp Air and Rainwater Leaks.

Thank you!

Guest and Away Policies



Planning to Be Away?

If you are planning to be away for a couple of days, please let us know.

Please call the front office to notify us.

If you are in the hospital or another medical facility and cannot notify us yourself, please have a family member call us to notify us.

It is important to know who is on the property in case of an emergency.

Overnight Guests Guests Are Welcome!



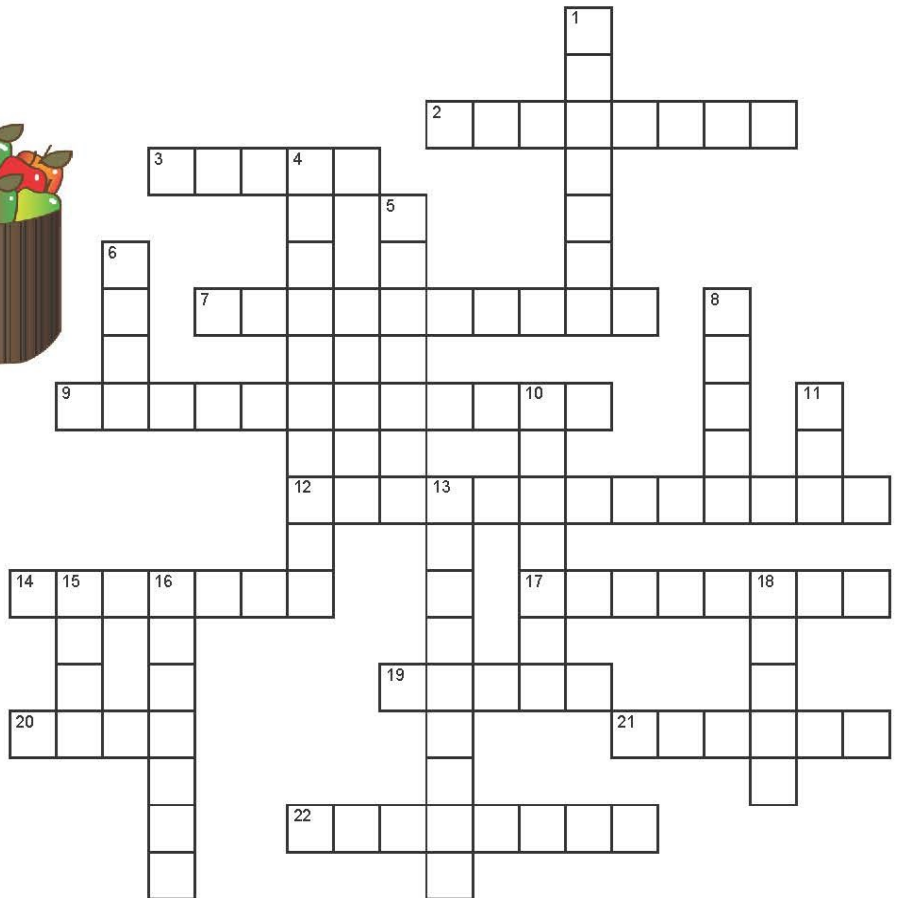
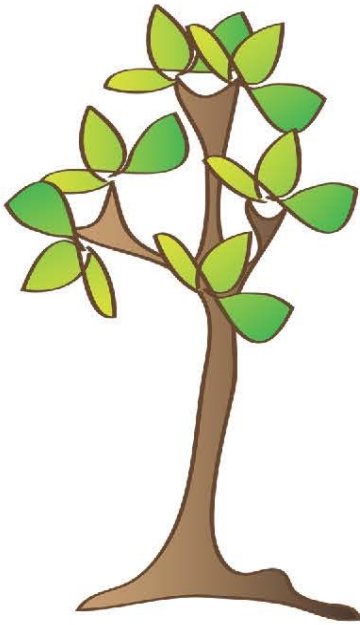
Per BHA Overnight Guest Policy, there is a limit of 21 days per calendar year for overnight guests.

**Please Register Your Guests
Before They Arrive:
Call Extension 10**

Overnight guests may park on Chestnut Street. It's important that we know who is on the property in case of emergencies.

Thank you!

Johnny Appleseed Crossword



Across

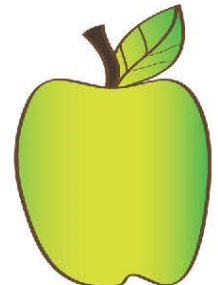
2. Direction American pioneers headed.
3. Put into the ground to grow.
7. Along with being a gardener, Johnny Appleseed was also a ____.
9. Care and preservation of nature.
12. State where Johnny Appleseed was born.
14. Johnny Appleseed's real last name.
17. Johnny Appleseed is an ____ legend.
19. Johnny Appleseed supposedly threw these on the ground wherever he went.
20. Mr. Appleseed's first name.
21. A popular story regarded as historical but not necessarily true.
22. No shoes on his feet.

10. Place to pick apples.
11. Johnny Appleseed's hat.
13. In what month do we celebrate Johnny Appleseed Day?

15. A courageous person.
16. An early settler or explorer of an area.
18. Beverage made from apples.

Down

1. A person who moves into a new area.
4. A person who grows plants to sell them.
5. Johnny Appleseed cared deeply about all ____.
6. The "Buckeye State", where Johnny planted many nurseries.
8. Fruit such as a Granny Smith or a Red Delicious.



Answers on page 7.



SEPTEMBER

*September
national days
word search
printable
from Always
the Holidays*

S G U A C Y A D T O I R T A P
T E R Y A D R E N N I D V T I
Y A H A D E Y A D Y L I M A F
A K I D T Y A D T C E P S E R
D Y N S W I D C H A I D A Y Y
R A O R B A T M A N D A Y A A
E D D E E F U U K H E V Y D D
P U A M T F N S D G A F A L E
A K Y I H T A O A E F W D A E
R O M E A C E B S F D D O S F
C D I H N K P E H E A A R O F
S U D Z S M A R P R Y Y Y P O
Y S A L A M I D A Y L T G O C
K O Y A D E C A E P N E E R G
S C A R F D A Y K U R F I P Y

**PATRIOT DAY
PROPOSAL DAY
GRATITUDE DAY
DEAF DAY
BATMAN DAY
SOBER DAY
ALZHEIMERS DAY**

**PEANUT DAY
GYRO DAY
CHAI DAY
SALAMI DAY
FAMILY DAY
GREENPEACE DAY
SCARF DAY**

**VFW DAY
RHINO DAY
RESPECT DAY
SKYSCRAPER DAY
TV DINNER DAY
SUDOKU DAY
COFFEE DAY**

Welcome



The community room is available for small gatherings—

Just call Ext. 10 to make a reservation!

Why not book for a coffee hour for your friends.

Bring your own treats.

Come on in and play cards,
snack, and socialize!



*If You Are Fully Vaccinated,
Masks are Optional*

ROBO CALLS

These calls are very important.

We will notify you of any issues we may have in your building or involving our community, such as the following:

- Up and coming events, including rain date schedules
- Expected storms and storm preparedness
- Fire alarm inspections



If you are not getting the calls,
please let us know.

To hear the latest message again, please call

(877) 333-9336

It is so important that you stay updated.

Stay safe and stay informed!

This Month's Recipe:

Caramel Apple Dump Cake



Ingredients:

- cooking spray
- 2 (21 ounce) cans apple pie filling
- ½ cup caramel sauce
- 1 (15.25 ounce) package spice cake mix
- 1 cup salted butter, melted
- 1 cup coarsely chopped walnuts

Directions:

Preheat the oven to 350 degrees F (175 degrees C). Lightly grease a 9x13-inch baking pan with cooking spray.

Spread apple pie filling in an even layer on the bottom of the pan. Drizzle caramel sauce evenly over apples. Sprinkle cake mix evenly over apples and caramel. Drizzle melted butter evenly over cake mix. Sprinkle evenly with chopped walnuts.

Bake in the preheated oven until cake is golden brown and the filling is bubbling through to the top, 50 to 55 minutes.

Let cool at least 15 minutes.

Serve warm or at room temperature.

*Happy First
Day of Fall*

September 22nd

One Last Word

Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale.

—Lauren DeStefano

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5 Office Closed LABOR DAY	6	7	8	9	10
11 	12	13 Meeting Resident Association Meeting 1:30 PM in the Community Room	14 Senior Picnic at Bristol Town Beach Pavilion 11 AM to 1 PM Tickets (\$1) Required	15 Board Meeting 10 AM	16	17
18	19	20	21	22 First Day Of FALL	23	24
25	26	27	28	29	30	1