



# Benjamin Church Manor

## Independent Living

Bristolhousingri.org

Volume 25 Issue 4

April 2022

1014 Hope Street  
Bristol, RI 02809  
401-253-4464

### Direct Extensions

Candy ext. 14  
Jim ext. 13  
Moe ext. 12  
Orlanda ext. 11  
Linda ext. 10

### Hours of Operation

Mon —Thurs:  
8 am to 3:30 pm

Fri: 8 am to 1 pm

### Board of Commissioners

John Faria,  
*Chairman*

Raymond Cordeiro  
*Vice-Chairman*

Tina Barboza

Edward J. Correia

Pasquale D'Alessio

Candace Pansa  
*Executive Director*



### Important Dates

4/14—Thursday—Board Meeting—10 AM

4/15—Good Friday—Office Closed

4/17—Sunday—Easter

4/22—Earth Day

# Meet With Our Staff

## *By Appointment Only*

Meet with the staff at your request.

Please call the office at Extension 10  
to schedule an appointment!

## ROBO CALLS

These calls are very important.

We will notify you of any issues we may have in your building or involving our community, such as the following:

- Up and coming events, including rain date schedules
- Expected storms and storm preparedness
- Fire alarm inspections
- COVID-related announcements

If you are not getting the calls,  
please let us know.

To hear the latest message again  
please call

**(877) 333-9336**

It is so important that you stay updated, especially now during this pandemic.



## MOE'S CORNER

For Your Information

My office hours are

**Monday through Thursday  
6:30 a.m. — 4:30 p.m.**

**Off on Fridays.**

You can leave me a message at

**(401) 253-4464 Ext 12**

Please be specific with your questions, issues, or complaints so I can research the answer and I will return your call.



My email address is

[mhorton@bristolhousingri.org](mailto:mhorton@bristolhousingri.org)

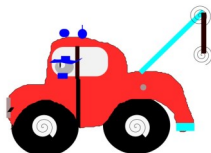


## REGISTRATION/TOWING INFO

Please bring your current vehicle registration for all vehicles, including motorcycles, to the office. We will make a copy and return it to you.



*Any vehicle not registered and/or parked in someone else's parking spot and/or parked illegally will be towed at the owner's expense, at a cost of \$140 (\$60 for cars that are moved prior to tow arrival), determined by the towing company. If your vehicle is towed, please go to Safeway Towing on Gooding Avenue in Bristol.*



Thank you.

## Email Addresses

Please give us your email address or the email address of a relative.

If we have an email address on file for you, we will have another means of contacting you. Also, sign up if you would like to receive the newsletter via email.



## From the Desk of the Executive Director

Spring is here, but the weather certainly feels more like winter. The spring weather is coming, and we all enjoy being out and about! All the birds have made their appearances. Please, please do not throw any food out for the birds or any other animals. The food attracts animals small and large; it can be a big problem if we get racoons, etc., on the property.



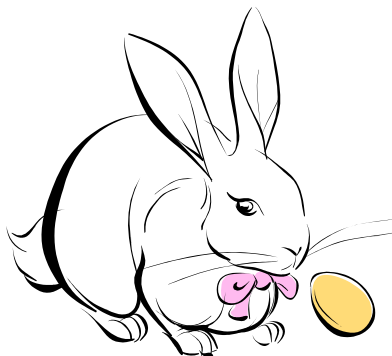
If you have any unopened cans or boxes of food, you can donate them to the food pantry. We have a basket in the community room—feel free to come to the community room and donate any extra canned goods or boxes of food you may have!

Pretty soon our maintenance department will be planting flowers and cleaning up the gardens. We appreciate all the work our men do: they make our “little village” look so good!

Please take a few minutes to look at the Senior Center newsletter! There are so many great events planned for the month of April. Thank you, Donna and Maria, for all you do!

On behalf of the staff and commissioners, I would like to wish you all a

*Happy Easter, Happy Passover, and Happy Spring!*



*Candy*

# Help Corner

## BOXED LUNCHES FROM

### East Bay Community Action Program (EBCAP)

EBCAP is offering lunches consisting of a sandwich, vegetable, fruit, milk, and juice that is being distributed to local senior center sites, including Bristol's Senior Center.

Meals will be delivered to you for a suggested donation of \$3.

Meals must be reserved 24 hours in advance.

Call the Senior Center at

**401-253-8458**



## MEALS ON WHEELS



The Meals on Wheels program is available for lunch delivery to you. For information, please contact the Senior Center at

**401-253-8458**

## Grocery Shopping Transportation

The Senior Center offers transportation to the grocery store for the residents of Benjamin Church Manor on **Thursdays**.

For reservations

Call the Senior Center

**401-253-8458**



If you are calling in a work order,

**Dial extension 10**

So that your work order will be handled quickly.



If you call another extension, and the person is out, the message will not get to us and your work order will not be reported.

**For immediate assistance with anything,**

**Dial Extension 10.**

**The work order request must be made with the office.**

**Please do not ask a maintenance worker directly when you see them on the property.**

**The maintenance staff will not directly address or schedule any work order request.**

## AUTOMATIC DOOR NOTICE

### DO NOT TAMPER WITH THE DOOR SWITCH



We want you to use the automatic doorpost with your key for entering and exiting the buildings—

however:

**Please do NOT tamper with the switch above the automatic door opener.**

Tampering with the switch will cause the doors to malfunction and not open properly. The maintenance staff then must continually use their valuable time to readjust the mechanism, taking them away from the important jobs of completing your work orders and conducting other building repairs and grounds maintenance.

**For Violations,  
You will be fined \$25!**

Please Note:

We have security cameras and will be checking them!

### Sign up for Direct Deposit!

It is both secure and safe.  
You never have to leave your home to pay your rent. The money will be direct deposited into the BHA account every month!

**Call Jim at extension 13 for details.**

Plus you get a **free gift** when you sign up.



## Resident Safety Notice

For the safety and security of yourself and your fellow residents:

- \* Do not let anyone you do not know to enter into the building.
- \* Keep the building doors closed and locked.



*Thank you.*

### KN95 Masks & COVID Test Kits

We have N95 masks and COVID Test Kits available free to residents at the office.



If you would like one, please call the office at Extension 10 and we will make arrangements for you to pick them up.

### TRASH DISPOSAL REMINDER

Food waste must be put into a small bag and then put into a plastic trash bag before disposing of it in the Trash Bins.



This helps reduce the strong foul odors and the resulting animal attraction as well as the bin disinfection burden for our busy maintenance staff.

Enjoy letting the fresh air in through the hallway and apartment windows during the warm weather, but please remember to close and lock them later on.

To Help Reduce Cold Air and Rainwater Leaks.



Thank you!

### Please Keep Building Exit and Entrance Doors Closed

*All building entrance and exit doors must remain closed.*



The closed and locked doors are an important safeguard to :

- Prevent fires from spreading.
- Prevent people from invading the building.
- Keep critters from entering the buildings.

**Violators will be notified that they are in violation of their lease requirements.**

Thank you!

### Visit Our Website!

[www.BristolHousingRI.org](http://www.BristolHousingRI.org)

To find Resident forms, view the latest COVID-19 updates and view our Newsletters— Just click on Newsletters on the left side of the webpage.



# Welcome

The community room is available for small gatherings—

Just call Ext. 10 to make a reservation!

Why not book for a coffee hour for your friends.

Bring your own treats.

Come on in and play cards,  
snack, and socialize!



## Just an FYI

### Re: New Move-In and Resident Birthday Announcements

Although we would like to publish birthdays and new resident lists so that you might give a greeting, send a card or gift, or pay a visit, privacy laws prohibit including personal information in our newsletter. We regret that the omission is required.

### Answers to Earth Day Word Scramble

- |              |                       |
|--------------|-----------------------|
| 1. Water     | 9. Recycle            |
| 2. Trash     | 10. Waste             |
| 3. Ocean     | 11. Energy            |
| 4. Global    | 12. Reuse             |
| 5. Pollution | 13. Litter            |
| 6. Nature    | <b>Shaded Letters</b> |
| 7. Reduce    | <b>Extra Word:</b>    |
| 8. Compost   | The Blue Planet       |

### Answers to the Page 12 Spring Crossword

#### Across:

2. Tulip
3. Wind
4. Umbrella
7. Spring
9. Daffodil
11. Rainbow
14. May
15. Robin
17. Puddles
18. Daylight

#### Down:

1. Birds
3. Warm
5. April
6. June
8. Baseball
10. Flowers
12. Windy
13. March
16. Buds

### Just A Reminder

### For Any After Hours Emergency

Call

**(401) 253-6522**



### Feeling Bored at HOME?

You can borrow a book or a puzzle from the Community Room to pass the time.

Just give the Office a call and we will meet you at the Community Room door (be sure to wear a mask), and you can come in and pick something out.



**\*We have books ,puzzles, and games!**



### Planning to Be Away?

If you are planning to be away for a couple of days, please let us know.

**Please call the front office and make sure your car is also off the property.**

If you are in the hospital or another medical facility and cannot notify us yourself, please have a family member call us to notify us.

It is important to know who is on the property in case of an emergency.

Thank you!



### Direct Deposit And Bank Account Changes

If you change bank accounts and have Direct Deposit with us to pay your rent,  
**be sure to notify Jim immediately.**

Failure to do so will result in the BHA being charged a fee and the BHA will pass the fee along to you.

### THERE IS NO STORAGE IN THE HALLWAYS DUE TO LOCAL FIRE CODES

Hallways Are to Be Kept  
Clear



Furniture, tables, or other items in the hallways create a fire hazard, as well as a tripping hazard if people need to exit the building in an emergency.

### Overnight Guests Are Welcome!



Per BHA Overnight Guest Policy, there is a limit of 21 days per calendar year for overnight guests.

**Please Register Your Guests  
Before They Arrive:  
Call Extension 10**

Overnight guests may park on Chestnut Street. It's important that we know who is on the property in case of emergencies.

# PET WASTE POLICY



PLEASE KEEP THE GROUNDS CLEAN  
FOR EVERYONE TO ENJOY



## CLEAN UP AFTER YOUR PET!

*We don't want poops on the grounds!*

***THERE IS A \$25 FINE FOR VIOLATIONS!***

Pet waste is an eyesore and a nuisance. It also carries bacteria and pathogens. Plastic bags for pet waste are available at the office. Just call the front office first.

Our maintenance staff has been filling a 5-gallon bucket every day!  
This takes valuable time away from their work on your work orders.

If you see anyone not cleaning up after their pet,  
Please report it to the office!



### Package Deliveries

For mail and packages that are being delivered, please be sure to

**include your apartment  
number**



to ensure that they will arrive at your apartment instead of at the office.

We will not accept packages for tenants from UPS, USPS, FedEx, or Amazon.

For those with an Amazon account, be sure to note that packages must be delivered to the apartment and not to the office.

Thank you!

### Reminder

If you have company, please be sure they park on Chestnut Street.

There is **NO PARKING** at the curbs at any time, except for quick drop-offs or pick-ups.

We have had reports of illegally parked cars near buildings E through M. Illegally parked vehicles will be towed by Safeway Towing at the owner's expense—\$140.

Emergency vehicles need the street clear to enter!



## PARKING SPOT REQUESTS



**Requests for parking spaces or change of parking spaces must be submitted in writing to the office.**

While we will do our best to accommodate your needs, there is no guarantee that you'll get the "perfect spot."

***Thank you!***

## FIRE ALARM INSPECTION APRIL 21



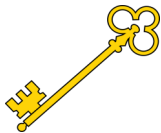
The next fire alarm inspection date is  
April 21.

We have no list for a schedule. The inspectors randomly select buildings and are here between 8:00 AM and 3:30 PM.

When the inspectors must go into a unit, a maintenance man will be with the inspector.

If you want to be home while they enter, you must be at home when they arrive.

## AFTER HOURS LOCK OUT CHARGES



FIRST TIME	\$25
SECOND TIME	\$35
EACH SUBSEQUENT LOCKOUT	\$45

Lock-Outs are inconvenient and can be expensive. We can make an extra key for you to give to a neighbor or relative, to hold for you, in case you find yourself in this situation. Just call the office.

LOCK CHANGE (Tenant Requested)	\$140
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## Blocking Nuisance Robocalls

To opt out of receiving most telemarketing calls, visit the National Do Not Call (DNC) Registry website at [www.donotcall.gov](http://www.donotcall.gov) or call 1-888-382-1222.

The Registry contains only phone numbers, no other personally identifiable information.

Keep in mind, though, that the DNC Registry works for sales calls from reputable companies, but many organizations and scammers ignore it.

## This Month's Recipe: Spaghetti With Red Clam Sauce

### Ingredients:

- 2 T. olive oil
- 3 cloved garlic, minced
- 1 tsp. red pepper flakes
- 2 T. capers, optional
- 1 (24 oz.) jar tomato pasta sauce
- 1 cup good-quality, crisp white wine
- 2 (6.5 oz.) cans chopped clams, drained, with juice reserved
- Salt and pepper to taste
- 1 pound dry spaghetti
- Parmesan cheese, optional
- Chopped fresh basil leaves or parsley, optional

### Directions:

Add olive oil, garlic, red pepper flakes, and capers (if using) into cold skillet. Cook and stir over medium heat for about 5 minutes, being careful not to brown the garlic.

Add pasta sauce, wine, and clam juice, reserving the clams. Simmer until slightly thickened, about 7 to 9 minutes.

Meanwhile, cook spaghetti until almost al dente, about 1 minute less than package directs. Drain.

Stir clams into the sauce. Turn off the heat and add the pasta to the pot.

Stir all together, and cover the pot to allow it to allow the pasta to absorb the sauce, about 3 minutes.

Top with Parmesan cheese, basil, and/or parsley, as desired.



### Recipes Wanted

If you have a recipe you would like to share, we would like to feature your recipe in the newsletter on *This Month's Recipe*.



We can credit the recipe to your name, or you can remain anonymous—your option!

Just send it in via the drop box or email to Linda, at [lkelly@bristolhousingri.org](mailto:lkelly@bristolhousingri.org).

## One Last Word

April, dressed in all its trim, hath put a spirit of youth in everything.

—William Shakespeare

**PLEASE  
DO NOT THROW FOOD  
ON THE GROUND OUTSIDE!**



***Please do not put bread out for the birds or throw food on the ground outside.***

With a few exceptions that include most bird feeders, **feeding wild animals, seagulls, and other waterfowl is illegal in Rhode Island.**

Intentionally feeding wild animals invites them into the complex and often leads to problems for the person feeding the wildlife and their neighbors, to include damage to property and landscaping, the loss of domestic pets, and the potential health hazard from the transmission of diseases to people and pets.

Additionally, they also damage the grounds and invade the trash.

**Senior Health Insurance Reviews**

**Offered by the Senior Center**

**Open Meeting Tuesday, April 12:**

Rhode Island Blue Cross Blue Shields rollout office will be set up in the Senior Center parking lot to provide personalized service and product expertise about their benefits plans, and the mobile store will have information about Medicare options.

**Or By Appointment:**

Call **401-253-8458** to make an appointment with a counselor for assistance with health insurance options, Medicare issues, prescription and Medicaid information.

**Free Tax Preparation Service**

**At the Senior Center**



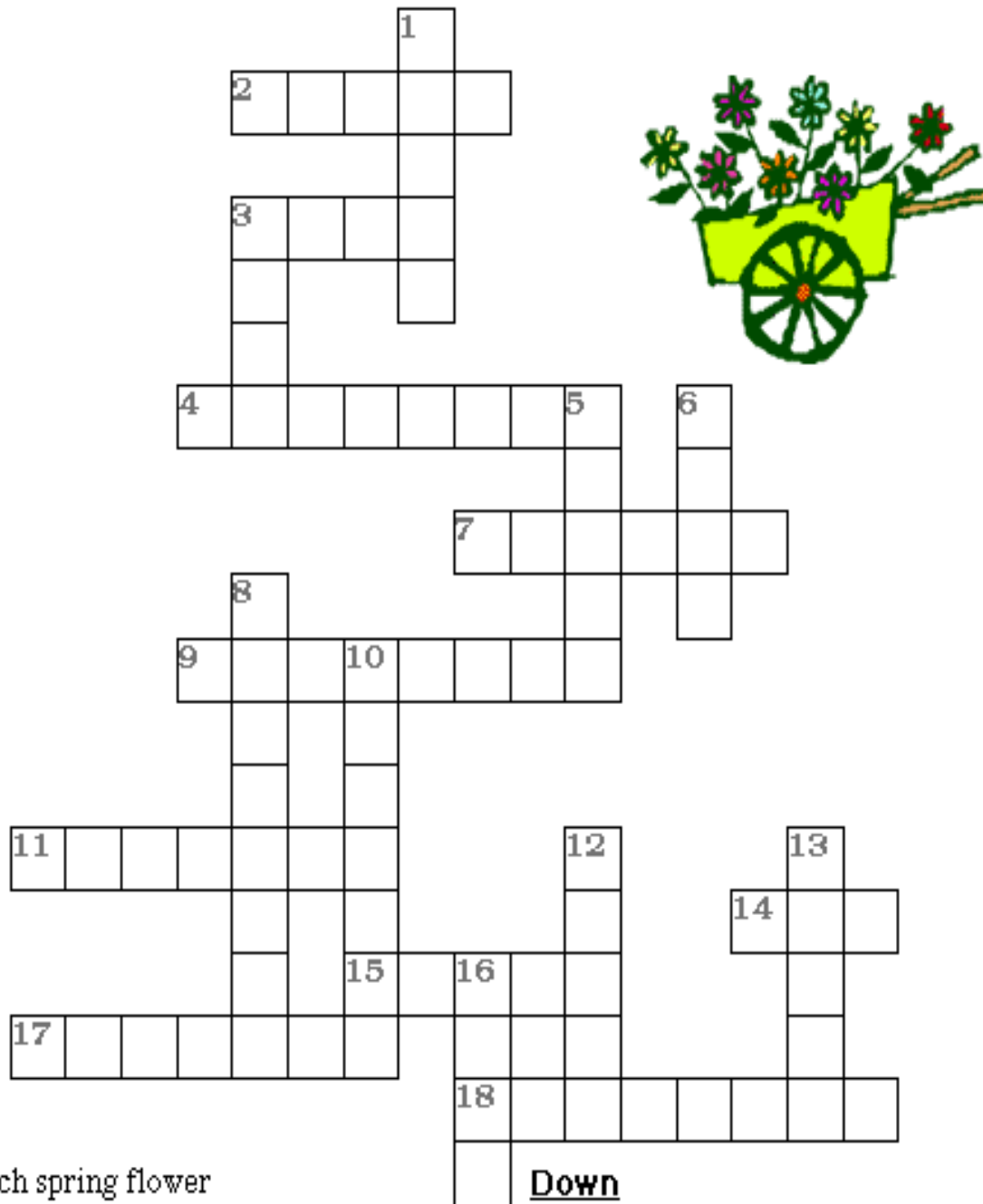
**By Appointment!**

On Thursdays and Fridays, trained professionals from the Volunteer Income Tax Assistance Program (VITA) offer timely, quality, free tax preparation for low to moderate income taxpayers.

**To schedule an appointment call:**

**401-435-7876, Ext. 1137**

# Squigly's Spring Crossword



## Across

2. Dutch spring flower
3. Fast moving air
4. Rain protection
7. A season
9. Yellow spring flower
11. Appears after a rain
14. Spring month
15. Spring bird
17. Small formations of water
18. \_\_\_\_\_ savings time



## Down

1. Winged animals
3. Temperature in spring
5. Spring month
6. Spring month
8. Game played with a bat and ball
10. April showers bring May \_\_\_\_\_
12. Type of weather
13. Spring month
16. The beginning of flowers

Answers to crossword puzzle on page 7.

# Easter Word Search

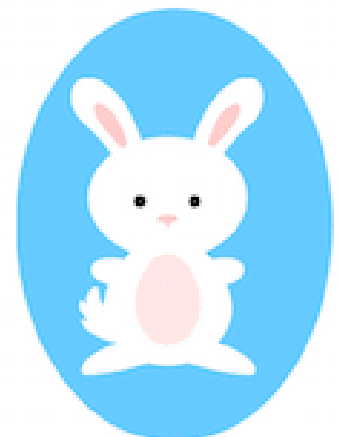
F L O W E R S G N I R P S Z O  
 S K C I H C T E B P A R A D E  
 Y T P B Z E T M P M G E H Y S  
 D G X P N A R J B S P A A E S  
 N E Z N R U A S U B T S P D A  
 A K O O A E D N N T D T P I R  
 C B C E B T I A N E A E Y Y G  
 X E G T B A T E Y K F R G L P  
 D G E N I L I B U S F T G I S  
 S C I E T O O Y V A O W E L U  
 S K C U D C N L I B D O M V N  
 U I Y K R O F L S P I L U T D  
 O H Y G V H T E V A L X J F A  
 K X R A W C F J A H U N T J Y  
 Y L I M A F A S P E E P S E M

Basket  
 Bonnet  
 Bunny  
 Candy  
 Chicks  
 Chocolate  
 Daffodil  
 Decorate  
 Ducks



Dye  
 Easter  
 Egg Hunt  
 Eggs  
 Family  
 Flowers  
 Grass  
 Happy  
 Jellybeans

Lily  
 Parade  
 Peeps  
 Rabbit  
 Spring  
 Sunday  
 Tradition  
 Tulips



# Earth Day - April 22nd

**WORD SCRAMBLE AND CROSS:** Unscramble each of the words on the left and write them in the grid. When the puzzle is complete the shaded letters going down will spell out another name for your home.

ERTWA ..... →

RSHTA ..... →

AOCEN ..... →


BLOGAL ..... →

NLLTOIUOP ..... →

AETUNR ..... →

REEDCU ..... →


OCSTPMO ..... →

YLCCEER ..... →

TWSAE ..... →

NYGEER ..... →

EREUS ..... →


TEILTR ..... →




Answers on Page 7

# April 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 	2
3	4	5	6	7	8	9
10	11	12	13	14 BHA Board Meeting 10 AM	15 Good Friday Office Closed	16
17  Easter	18	19	20	21  Fire Alarm Inspections	22 	23
24	25	26	27	28	29	30